





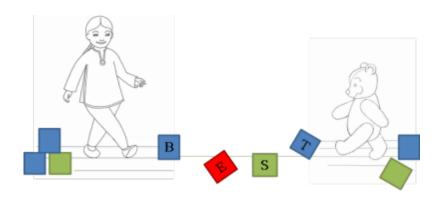
Heywood, Middleton and Rochdale Community Healthcare

#### Developing the 'BEST'\* intervention:

a constructivist, cross linguistic therapy approach to 'Building Early Sentences' in pre-school children with Language Impairment

Dr Cristina McKean, Dr Sean Pert & Dr Carol Stow





- 1. The context and drivers for innovation
- 2. Current stage of development & evaluation
- 3. The intervention & its rationale
- 4. The service evaluation results



Rochdale SLT Service



#### Social Disadvantage

> 75% adults in central districts living on benefits

#### High bilingual population

20% of primary school-aged children

#### Rising pre-school referral rates

>40% increase in previous five years

An
Evidencebase which
is a poor fit
for the
population

#### Recasting, modelling approaches

Low parental engagement

#### Parent programmes

High drop out & lack of 'cultural flexibility'

#### Non-English interventions

Very limited intervention research

#### Adapted 'Derbyshire Language Scheme'

Limited evidence for effectiveness; low treatment fidelity; high drop out; highly variable outcomes; principles do not apply cross-linguistically

The researcher's theoretical perspective

A Neuroconstructivist approach to LI

'Constructivist'/Usage Based approach to Typical Language Development

#### **Emphasise**

- Domain general processes
- Emerging specialisation & abstraction over develpment
- Importance of input & child cognition

Evidence

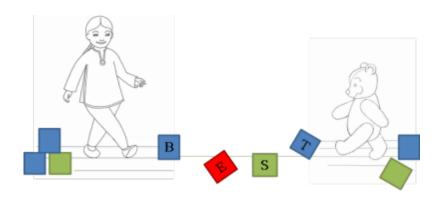


Practice

#### Need to develop a:

- Theoretically motivated
- Acceptable & accessible
- cross-linguistically applicable

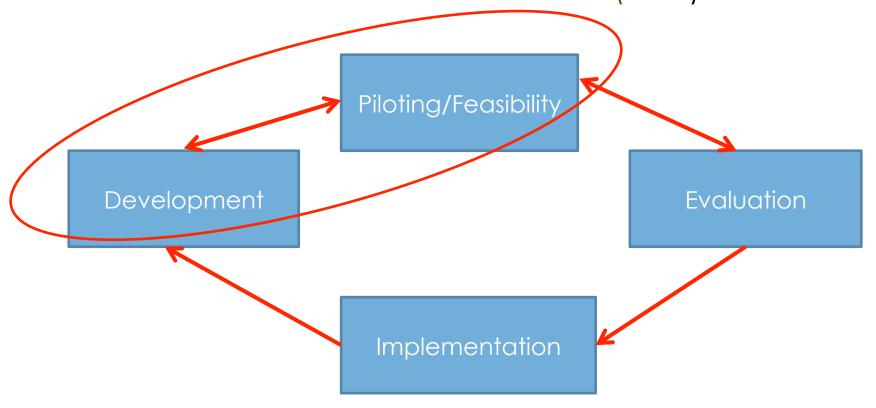
Intervention



- 1. The context and drivers for innovation
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# 2. Current stage of development & evaluation

• Developing and Evaluating Complex Interventions: New Guidance. Medical Research Council (2008)



Key elements in the development and evaluation process

# 2. Current stage of development & evaluation

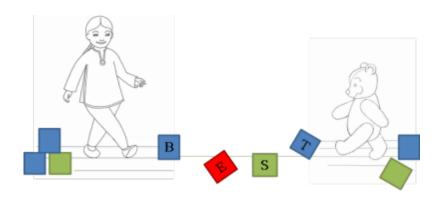


## Research Processes

- Identification of evidence base
- 2. Identification & development of theory
- 3. Model process
- 4. Model outcomes
- 5. Test procedures

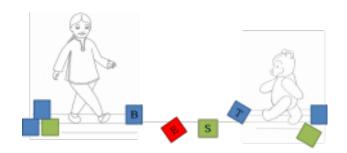
## Research Questions

- 1. Is intervention associated with positive outcomes?
- 2. Who for?
- 3. Are the procedures acceptable and accessible to clients, carers and practitioners?



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• BEST is.....



- an SLT intervention
- for young children with Severe Language Delay (3; 06 6; 00)
- Aims to develop children's ability to
  - use range of simple 2, 3 and 4 element sentences
  - flexibly, with a range of verbs and nouns
  - and with appropriate grammatical morphology
- Can be used English and a number of Pakistani Heritage languages

Frozen
Phrases/item –
specific
constructions







Schematization

Categorisation

**Cultural Learning** 

Intention Reading



Analogy

Distribution analysis



Manipulates the **nature of the input** to support children with **Language Delay** to apply these **cognitive 'tools'** to language learning





#### Target sentences:



SV; SVO; SVA; SVOO; SVOA



#### **Target Verbs:**



11 sets of 'paired' verbs,

- with similar PAS
- plausibly combined with (mostly) same Ns

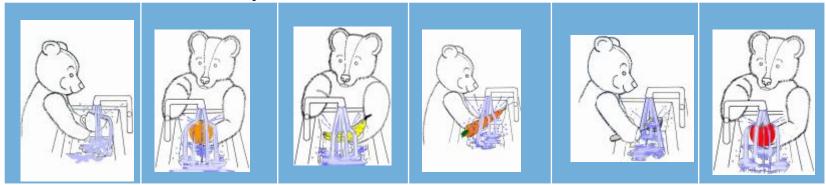






#### For each pair

1. Phase 1: Input with variation

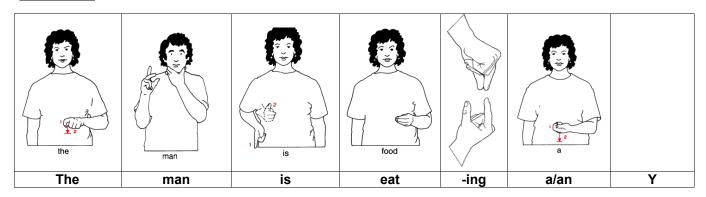


2. Phase 2: Output with contrast & variation



#### Paget Gorman signs

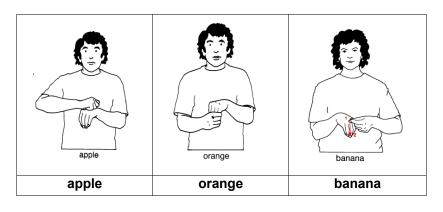
#### Set C - Eating



The man is eating an apple

The man is eating an orange

The man is eating a banana



For the 11 verb pairs

- Input is distributed
  - 16 sessions (8 16 weeks)
  - 3 'verb pairs' per session



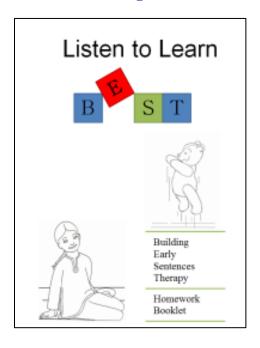
Rotate through 'verb pairs' over 16 sessions

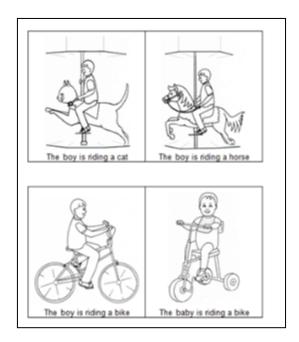


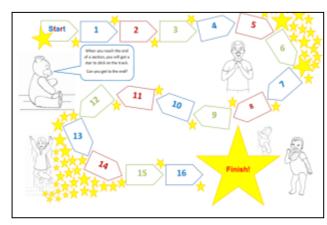
- Focus on **Input**
- 'Mastery' not required



#### For parents/carers







Schematization

Categorisation

**Cultural Learning** 

Intention Reading



Analogy

Distribution analysis

Variation around verb



Lieven *et al* (1997); Gomez *et al* (2002); Mandler (2000); Tomasello & Brooks (1998)

Schematization

Categorisation

**Cultural Learning** 

Intention Reading





Distribution analysis



- Contrast between verbs with same PAS Childers & Tomasello (2001) Gentner et al (1995, 1997, 1998)
- Non-overlapping sets in each argument structure role.
- Gentner & Medina (1998)

Schematization

Categorisation

**Cultural Learning** 

Intention Reading



Analogy

Distribution analysis



• Consistent morphological frame Childers & Tomasello (2003); Ambridge & Lieven (2011)

Paget Gorman signs

Leonard et al (2003); Leonard & McGregor (1992)

Schematization

Categorisation





Analogy

Distribution analysis

Joint action routine with turn taking

Tomasello (2003); Bedrova & Leong (2003)



Schematization

Categorisation

**Cultural Learning** 

Intention Reading

**Mapping** 



Analogy

Distribution analysis

Retention



Massed presentation

Gray (2003, 2004); Riches et al (2005); Fey et al (2003)

Distributed presentations

Ambridge et al (2006); Riches et al (2005); Janiszewski et al (2006)

Schematization

Categorisation

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**Mapping** 



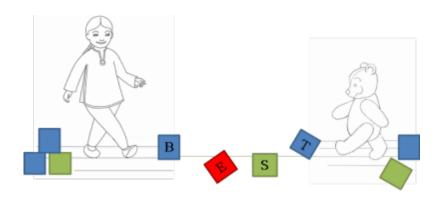
Analogy

Distribution analysis

Retention



- promoting cognitive mechanisms & manipulating input
- rather than translating an English intervention
- allows for cross-linguistic application



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#### 4. The Service evaluation results:

#### Participants:

referred to SLT 3; 06 - 6 years over ~ 8 month period

spontaneous utterances limited to only 1 or 2 clause element structures in home language

limited grammatical morphology



#### 4. The Service evaluation results

- Measures & analysis of data:
- Progress Tracker:
  - 4 data points
  - Score Number arguments
  - Score Number grammatical morphemes

#### Analysis

- Single case statistics- repeated-measures trend analysis for dichotomous data
- (Howard cited in Marks & Stokes 2010)
  - Is there a significant improvement in scores?
  - (who does and doesn't improve?)



#### 4. The Service evaluation results

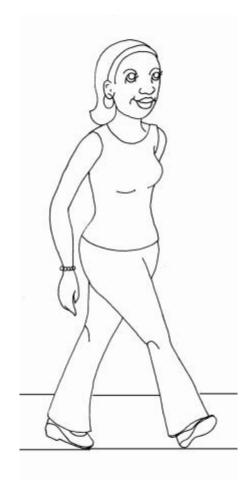
- Results: Single case statistics
- 32 returns 18 complete data: 14 English 4 Mirpuri

Child		1	2	3	4	5	6	7	8	9	10	11	12	13	14
English	PAS	*	*	*	*	*	*	*	*	*	*	*	-	-	*
	Morph	*	*	*	*	*	*	*	*	*	*	*	*	*	-
Mirpuri	PAS	*	*	*	*										
	Morph	*	*	*	*										

- All children made significant progress
- 4 monolingual English 10 from multi-lingual backgrounds 4 mono-lingual Mirpuri speakers)
- 3 made progress in only 1 area

#### 5. The Service evaluation

### Results: Practitioner Focus Groups

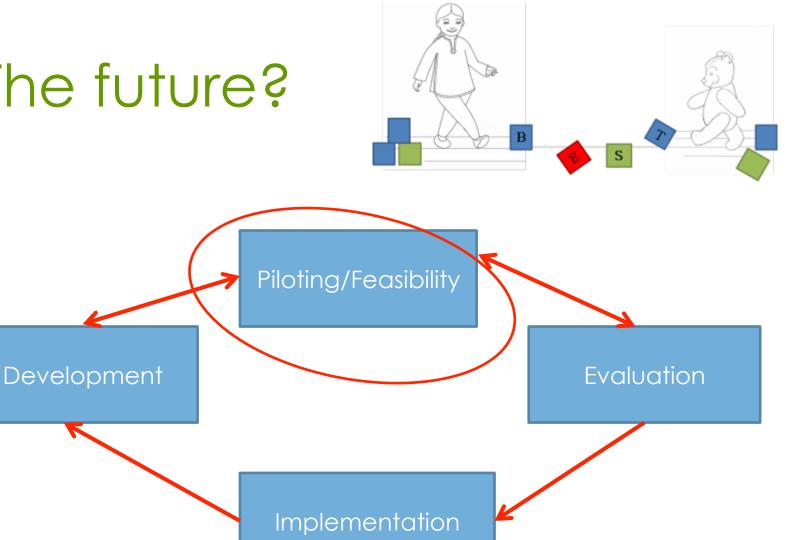


"It was really motivating because you could instantly see the results and the impact it was having. Previously you've been running groups and you've done stuff and you've kept doing the same stuff...Because you could see how quickly they have grasped it, it kept you motivated."

"...and Dad was like 'So actually can I have some homework and can I take it home?' because he saw him achieving in sessions and he thought I can do that"

"Because it was structured with the family they appreciated that"

## The future?



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